Change of Plans Card

NAME _____

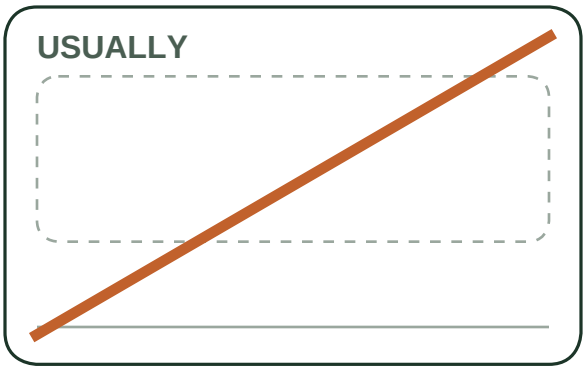
Fill it in together, then look at it while you talk about the change.

EXAMPLE

Usually: ~~art~~ → Today: **assembly** The usual thing is crossed out. Write or draw the new thing.

Something is different today

USUALLY



TODAY

→

I will tell you when: _____

A teacher or parent fills this in.

What is different? Check one.

- ☐ substitute teacher
- ☐ fire drill
- ☐ assembly
- ☐ early dismissal
- ☐ delayed opening
- ☐ snow day
- ☐ indoor recess
- ☐ a different bus

Something else: _____

What stays the same The things that do not change today.

_____

_____

If it feels like too much, I can... Point to one. My Break Card helps.

- ☐ show my Break Card
- ☐ put on headphones
- ☐ go to a quiet spot
- ☐ ask for help

Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Free for every family. Make a copy for another parent.
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