

Free tools for teachers

13 sheets from Bloom Autism Support. Each one is also its own page at bloomautismsupport.com/freetools. Free to print and share. Please don't sell it.

Practice sheets show their first page here. Every page, in one PDF: bloomautismsupport.com/go/pack-practice

First-Then Board	2
Home-School Daily Note	4
Token Board	5
Check-In Chart	7
Break Card and Calm-Down Choices	8
Accommodations at a Glance	10
Sub Plan Sheet for Special Ed	11
School Communication Log	13
Daylight Saving Bedtime Shift	14
Name Tracing	15
Letter Tracing A to Z	16
Number Tracing 0 to 20	17
Lines and Shapes Tracing	18

First-Then Board

Write, draw or tape a picture in each box.

First

Then



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

Now / Next / Later

Two strips. Cut along the dashed line.

Now

Next

Later

cut here

Now

Next

Later



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

FROM SCHOOL

Home-School Daily Note

DATE _____

TODAY I WAS



☐
Great



☐
Good



☐
OK



☐
Hard



☐
Very hard

ATE

☐ All

☐ Some

☐ Little

BATHROOM

☐ Went

☐ Tried

☐ Accident

WHAT WE DID

☐ Work

☐ Play

☐ Therapy

☐ Outside

☐ Specials

TODAY'S WIN

NOTE FROM SCHOOL

fold or cut here

FROM HOME

Home-School Daily Note

DATE _____

SLEPT

☐ Well

☐ OK

☐ Poorly

THIS MORNING

SOMETHING TO KNOW TODAY

NOTE FROM HOME



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

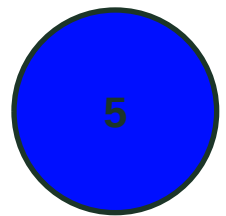
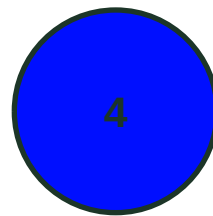
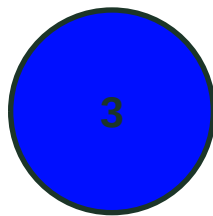
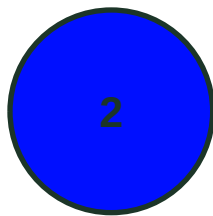
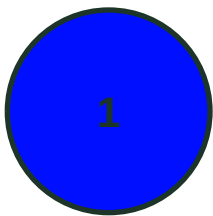
Made with Bloom Autism Support · bloomautismsupport.com/freetools

Token Board

NAME _____

I EARN A TOKEN WHEN _____

I'm working for



All five full? I get it!



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.
Made with Bloom Autism Support · bloomautismsupport.com/freetools

My Goal Tracker

Ten boxes. When they are all checked, the reward is yours.

MY GOAL

I CHECK A BOX EACH TIME

1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
6 ☐	7 ☐	8 ☐	9 ☐	10 ☐

WHEN ALL 10 ARE CHECKED, I GET

STARTED

FINISHED

NOTES



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.
Made with Bloom Autism Support · bloomautismsupport.com/freetools

Check-In Chart

Morning and afternoon, then a summary for home.

STUDENT _____

WEEK OF _____

MORNING



AFTERNOON



TEACHER'S NOTE

Monday

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Tuesday

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Wednesday

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Thursday

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

Friday

☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

This week, for home

THE WEEK OVERALL

☐ Great

☐ Good

☐ OK

☐ Hard

SOMETHING TO CELEBRATE

SOMETHING WE'RE WORKING ON

ASK YOUR CHILD ABOUT

FROM HOME



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

Break Card

NAME _____

I need a break

I need a break

cut out

My calm-down choices

Point to one when you need it.



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

Break Pass

Show a pass, take a short reset, come back.

BREAK PASS I need a break	BREAK PASS I need a minute	BREAK PASS I need help
--	---	---

cut out

My reset options

- | | |
|---|--|
| ☐ Get a drink of water | ☐ A short walk |
| ☐ Headphones or music | ☐ Stretch |
| ☐ Slow breaths | ☐ A quiet spot |
| ☐ Doodle | ☐ Something to hold |

Other: _____

SIGNS I NEED A BREAK

MY PLAN: WHERE I GO, HOW LONG, HOW I COME BACK



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

Accommodations at a Glance

What helps this student, on one page. A quick summary, not the IEP or 504 plan.

STUDENT

GRADE AND TEACHER

UPDATED

SEATING

- ☐ Near the teacher
- ☐ Away from doors and noise
- ☐ A place to move or stand

BREAKS

- ☐ Break card
- ☐ Movement breaks
- ☐ A calm spot in the room

DIRECTIONS

- ☐ One or two steps at a time
- ☐ Said and written down
- ☐ Check that it was understood

CLASSWORK

- ☐ Extra time
- ☐ Fewer problems, same skill
- ☐ Big jobs in smaller parts

TESTS AND QUIZZES

- ☐ A quiet room
- ☐ Questions read aloud
- ☐ Breaks during tests

SOUND, LIGHT, TOUCH

- ☐ Headphones
- ☐ Something to hold
- ☐ Softer lights or a seat out of the glare

TALKING AND ANSWERING

- ☐ Pictures or a device to talk
- ☐ Extra time to answer
- ☐ Few words, clear words

CHANGES

- ☐ A warning before changes
- ☐ A picture schedule
- ☐ A heads-up about subs and drills

WHAT WORKS BEST

PLEASE AVOID

WHO TO ASK



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

Sub Plan for Special Ed

The day, the adults, and who to call.

TEACHER

ROOM

DATE

Our day

TIME

WHAT WE DO

WHERE

--	--	--

--	--	--

--	--	--

--	--	--

--	--	--

ADULTS IN THE ROOM

CALM SPOT

PICTURE SCHEDULE, BREAK CARDS AND EMERGENCY FOLDER

WHO TO CALL FOR HELP



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

Students to know about

First names only. What helps, and what to watch for.

FIRST NAME	WHAT HELPS	WATCH FOR, AND WHAT TO DO
_____	_____ _____	_____ _____
_____	_____ _____	_____ _____
_____	_____ _____	_____ _____
_____	_____ _____	_____ _____
_____	_____ _____	_____ _____
_____	_____ _____	_____ _____

NOTES FOR THE TEACHER



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

Made with Bloom Autism Support · bloomautismsupport.com/freetools

School Communication Log

Every call, email, meeting and note, a row each.

CHILD

SCHOOL YEAR

DATE	WHO	HOW				WHAT WE TALKED ABOUT	NEXT STEP
		Email	Call	Meet	Note		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		
		☐	☐	☐	☐		



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.
Made with Bloom Autism Support · bloomautismsupport.com/freetools

Daylight Saving Bedtime Shift

Clocks go back one hour on Sunday, November 1, 2026, at 2:00 AM.

HOW IT WORKS

Starting Wednesday, put your child to bed 15 minutes later each night. By Saturday, bedtime is one hour later. On Sunday the clock goes back, so your usual bedtime feels the same as Saturday did. Keep it steady all week. Go slower if you need to.

USUAL BEDTIME

USUAL WAKE-UP

NIGHT	BEDTIME PLAN	ASLEEP AT	WOKE AT	Easy	OK	Hard
Sun, Oct 25	Usual bedtime			☐	☐	☐
Mon, Oct 26	Usual bedtime			☐	☐	☐
Tue, Oct 27	Usual bedtime			☐	☐	☐
Wed, Oct 28	15 min after usual			☐	☐	☐
Thu, Oct 29	30 min after usual			☐	☐	☐
Fri, Oct 30	45 min after usual			☐	☐	☐
Sat, Oct 31	1 hour after usual			☐	☐	☐
Saturday night: clocks go back one hour at 2:00 AM						
Sun, Nov 1	Usual bedtime, new clock			☐	☐	☐
Mon, Nov 2	Usual bedtime			☐	☐	☐
Tue, Nov 3	Usual bedtime			☐	☐	☐
Wed, Nov 4	Usual bedtime			☐	☐	☐
Thu, Nov 5	Usual bedtime			☐	☐	☐
Fri, Nov 6	Usual bedtime			☐	☐	☐
Sat, Nov 7	Usual bedtime			☐	☐	☐

WHAT HELPED

Name Tracing

Name _____

I will: trace my name

How many: 4

Then: _____

Type the name on the page before you print, and every row fills in.

EXAMPLE

☐ I'm done!



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.
Made with Bloom Autism Support · bloomautismsupport.com/freetools

Letter A a

Name _____

I will: trace

How many: 9

Then: _____



apple

EXAMPLE

A

a

A

A

A

a

a

a

A

a

A



I'm done!



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.
Made with Bloom Autism Support · bloomautismsupport.com/freetools

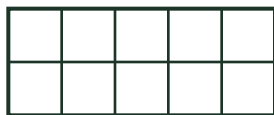
Number 0

Name _____

I will: trace

How many: 9

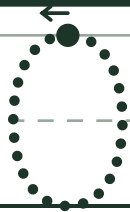
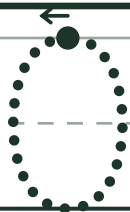
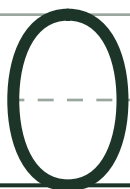
Then: _____



zero

Count the dots

EXAMPLE



I'm done!



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.
Made with Bloom Autism Support · bloomautismsupport.com/freetools

Straight lines

Name _____

I will: trace

How many: 6

Then: _____

EXAMPLE



☐ I'm done!



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.
Made with Bloom Autism Support · bloomautismsupport.com/freetools