

Free tools for teachers

13 sheets from Bloom Autism Support. Each one is also its own page at bloomautismsupport.com/freetools. Free to print and share. Please don't sell it.

Practice sheets show their first page here. Every page, in one PDF: bloomautismsupport.com/go/pack-practice

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First-Then Board

Write, draw or tape a picture in each box.

First

Then



Add this to your child's Bloom Autism Support: snap a photo and send it to your child's Bloom Autism Support email address.

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Now / Next / Later

Two strips. Cut along the dashed line.

Now

Next

Later

cut here

Now

Next

Later



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FROM SCHOOL

Home-School Daily Note

DATE _____

TODAY I WAS



☐

Great



☐

Good



☐

OK



☐

Hard



☐

Very hard

ATE

☐ All

☐ Some

☐ Little

BATHROOM

☐ Went

☐ Tried

☐ Accident

WHAT WE DID

☐ Work

☐ Play

☐ Therapy

☐ Outside

☐ Specials

TODAY'S WIN

NOTE FROM SCHOOL

fold or cut here

FROM HOME

Home-School Daily Note

DATE _____

SLEPT

☐ Well

☐ OK

☐ Poorly

THIS MORNING

SOMETHING TO KNOW TODAY

NOTE FROM HOME



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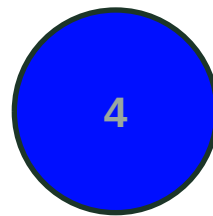
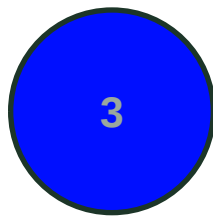
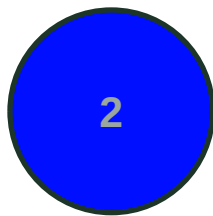
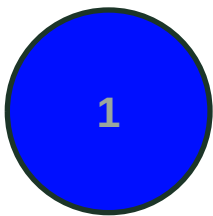
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Token Board

NAME _____

I EARN A TOKEN WHEN _____

I'm working for



All five full? I get it!



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My Goal Tracker

Ten boxes. When they are all checked, the reward is yours.

MY GOAL

I CHECK A BOX EACH TIME

1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
6 ☐	7 ☐	8 ☐	9 ☐	10 ☐

WHEN ALL 10 ARE CHECKED, I GET

STARTED

FINISHED

NOTES



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Check-In Chart

Morning and afternoon, then a summary for home.

STUDENT

WEEK OF

MORNING

AFTERNOON

TEACHER'S NOTE



Monday

☐ ☐ ☐ ☐ ☐☐ ☐ ☐ ☐ ☐

Tuesday

☐ ☐ ☐ ☐ ☐☐ ☐ ☐ ☐ ☐

Wednesday

☐ ☐ ☐ ☐ ☐☐ ☐ ☐ ☐ ☐

Thursday

☐ ☐ ☐ ☐ ☐☐ ☐ ☐ ☐ ☐

Friday

☐ ☐ ☐ ☐ ☐☐ ☐ ☐ ☐ ☐

This week, for home

THE WEEK OVERALL

☐ Great

☐ Good

☐ OK

☐ Hard

SOMETHING TO CELEBRATE

SOMETHING WE'RE WORKING ON

ASK YOUR CHILD ABOUT

FROM HOME



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Break Card

NAME _____

I need a break	I need a break
--------------------------------------	--------------------------------------

cut out

My calm-down choices

Point to one when you need it.



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Break Pass

Show a pass, take a short reset, come back.

BREAK PASS I need a break	BREAK PASS I need a minute	BREAK PASS I need help
--	---	---

cut out

My reset options

- | | |
|---|--|
| ☐ Get a drink of water | ☐ A short walk |
| ☐ Headphones or music | ☐ Stretch |
| ☐ Slow breaths | ☐ A quiet spot |
| ☐ Doodle | ☐ Something to hold |

Other: _____

SIGNS I NEED A BREAK

MY PLAN: WHERE I GO, HOW LONG, HOW I COME BACK



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Accommodations at a Glance

What helps this student, on one page. A quick summary, not the IEP or 504 plan.

STUDENT

GRADE AND TEACHER

UPDATED

SEATING

- ☐ Near the teacher
- ☐ Away from doors and noise
- ☐ A place to move or stand

BREAKS

- ☐ Break card
- ☐ Movement breaks
- ☐ A calm spot in the room

DIRECTIONS

- ☐ One or two steps at a time
- ☐ Said and written down
- ☐ Check that it was understood

CLASSWORK

- ☐ Extra time
- ☐ Fewer problems, same skill
- ☐ Big jobs in smaller parts

TESTS AND QUIZZES

- ☐ A quiet room
- ☐ Questions read aloud
- ☐ Breaks during tests

SOUND, LIGHT, TOUCH

- ☐ Headphones
- ☐ Something to hold
- ☐ Softer lights or a seat out of the glare

TALKING AND ANSWERING

- ☐ Pictures or a device to talk
- ☐ Extra time to answer
- ☐ Few words, clear words

CHANGES

- ☐ A warning before changes
- ☐ A picture schedule
- ☐ A heads-up about subs and drills

WHAT WORKS BEST

PLEASE AVOID

WHO TO ASK



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Sub Plan for Special Ed

The day, the adults, and who to call.

TEACHER

ROOM

DATE

Our day

TIME

WHAT WE DO

WHERE

ADULTS IN THE ROOM

CALM SPOT

PICTURE SCHEDULE, BREAK CARDS AND EMERGENCY FOLDER

WHO TO CALL FOR HELP



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Students to know about

First names only. What helps, and what to watch for.

[illegible]

NOTES FOR THE TEACHER



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School Communication Log

Every call, email, meeting and note, a row each.

CHILD

SCHOOL YEAR

DATE	WHO	HOW				WHAT WE TALKED ABOUT	NEXT STEP
		Email	Call	Meet	Note		
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Daylight Saving Bedtime Shift

Clocks go back one hour on Sunday, November 1, 2026, at 2:00 AM.

HOW IT WORKS

Starting Wednesday, put your child to bed 15 minutes later each night. By Saturday, bedtime is one hour later. On Sunday the clock goes back, so your usual bedtime feels the same as Saturday did. Keep it steady all week. Go slower if you need to.

USUAL BEDTIME

USUAL WAKE-UP

NIGHT	BEDTIME PLAN	ASLEEP AT	WOKE AT	Easy	OK	Hard
Sun, Oct 25	Usual bedtime			☐	☐	☐
Mon, Oct 26	Usual bedtime			☐	☐	☐
Tue, Oct 27	Usual bedtime			☐	☐	☐
Wed, Oct 28	15 min after usual			☐	☐	☐
Thu, Oct 29	30 min after usual			☐	☐	☐
Fri, Oct 30	45 min after usual			☐	☐	☐
Sat, Oct 31	1 hour after usual			☐	☐	☐
Saturday night: clocks go back one hour at 2:00 AM						
Sun, Nov 1	Usual bedtime, new clock			☐	☐	☐
Mon, Nov 2	Usual bedtime			☐	☐	☐
Tue, Nov 3	Usual bedtime			☐	☐	☐
Wed, Nov 4	Usual bedtime			☐	☐	☐
Thu, Nov 5	Usual bedtime			☐	☐	☐
Fri, Nov 6	Usual bedtime			☐	☐	☐
Sat, Nov 7	Usual bedtime			☐	☐	☐

WHAT HELPED

Name Tracing

Name _____

I will: trace my name

How many: 4

Then: _____

Type the name on the page before you print, and every row fills in.

EXAMPLE

Tracing practice area with multiple rows of lines for writing the name.

☐ I'm done!



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Letter A a

Name _____

I will: trace

How many: 9

Then: _____

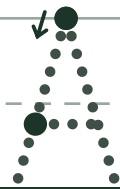
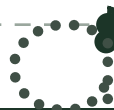
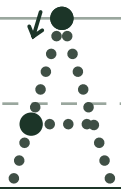
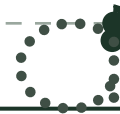
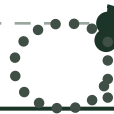
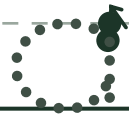
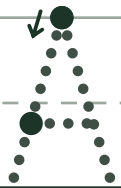


apple

EXAMPLE

A

a



I'm done!



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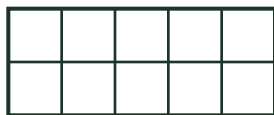
Number 0

Name _____

I will: trace

How many: 9

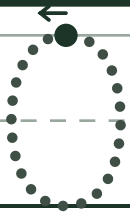
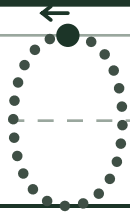
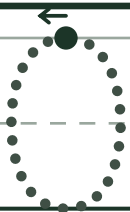
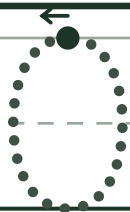
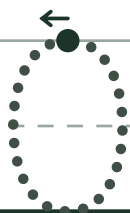
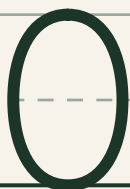
Then: _____



zero

Count the dots

EXAMPLE



I'm done!



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Straight lines

Name _____

I will: trace

How many: 6

Then: _____

EXAMPLE



☐ I'm done!



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